

Celebrity Apprentice to feature Long Island Master Golf Trainer John Ondrush



1888 Press Release - Local Long Island native and renowned golf trainer John Ondrush, from the Syosset based "John Ondrush Golf & Fitness Academy" will be featured on the upcoming episode of the mega-hit television show "Celebrity Apprentice" on NBC this Monday night January 26, 2015.

New York, NY - Local Long Island native and renowned golf trainer John Ondrush, from the Syosset based "John Ondrush Golf & Fitness Academy" will be featured on the upcoming episode of the mega-hit television show "Celebrity Apprentice" on NBC this Monday night January 26, 2015.

This popular television show, this season, features celebrities from all areas of the entertainment business. Contestants include, former Yankee Baseball player Johnny Damon, former NFL star Terrell Owens, Geraldo Rivera, Kate Gosselin, Leeza Gibbons, Brandi Glanville, Kenya Moore, and Ian Ziering. In addition the show features the enigmatic Donald Trump and other members of his family and executive team.

When you tune in to watch this week's episode you will see that John will be assisting one of the teams to reach their goals and share his expertise of Golf Fitness, Golf instruction and Golf Equipment tuning as the contestants attempt to show the members of Trump National Doral resort why it is one of the best golf destinations in the world!

"I couldn't be happier to be a part of this amazing television show and all that it does to raise money for people in need. Each celebrity has a charity that they are working to raise money for and to be able to help some of my own personal heroes reach their goals is something very special and I am honored to be involved." -John Ondrush

"I am excited to share the very same techniques, equipment and philosophies that we use at the Academy in Syosset, with the celebrity cast members of the show, the Trump Family and the members of the Trump National Doral Resort. And I hope that everyone watching will be inspired to work on their golf game using these techniques as well." -John Ondrush

About John Ondrush

John Ondrush holds a degree in Physical Therapy from The State University of New York at Stony Brook and is a certified golf fitness, TPI Fitness and Medical instructor. John specializes in sports medicine, rehabilitation, as well as strength and conditioning, 3-D biomechanics and swing analysis for golfers. John is the only golf fitness professional in the country certified as a medical and fitness professional by the Titleist Performance Institute and also holds a position on the Callaway golf company's master staff. He established the John Ondrush Golf Fitness Academy in Syosset, New York, as a state of the art golf specific training

center for golfers. The academy is equipped with "About Golf" simulators with high speed cameras, "V1" video analysis, "SAM" putting lab, putting green, indoor bunkers and short game area, a full golf-specific gym and much more. John has provided hundreds of amateur and professional golfers with golf specific programs for rehabilitation and conditioning and has worked with top professionals like Rory Mcilroy, Justin Rose and many more throughout his career.

About the John Ondrush Golf & Fitness Academy in Syosset NY.

The John Ondrush Golf Fitness Academy locations are state of the art facilities equipped with a full golf-specific gym, driving range, putting green, chipping area, indoor hitting stalls, launch monitor, video and 3D swing analysis and 18 hole golf course simulation.

The Academy offers clients a physical exam designed to evaluate the body's ability to perform in a golf swing as well as a complete biomechanical swing analysis. A custom fitness program is designed for each client pinpointing areas of individual weakness and tailored to improve golf performance. We work with your golf professional as a team to develop a comprehensive strength and conditioning program to improve your game, by helping you to develop better flexibility, balance, endurance and mobility.

For more information visit: <http://www.golffitacademy.com>

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